

Allergic Rhinitis

CASE SCENARIO: #8

TC is a 40y/o white female diagnosed with obstructive hypertrophic cardiomyopathy (HCM). She presents with complaints of seasonal allergic rhinitis. In addition to her symptoms related to allergic rhinitis (headache, nasal congestion, watery rhinorrhea, sneezing and a scratchy throat), she experiences episodes of chest pain, dyspnea, and dizziness, especially with exertion. She is atrial fibrillation in which the ventricular response is controlled by propranolol (Inderal[®]) and verapamil (Calan[®]) and for which she receives warfarin (Coumadin[®]). What are the therapeutic options for managing the allergic rhinitis in this patient, and which classes of agents should be avoided and why?